



St. Paul School  
1212 - 12 Avenue North  
Lethbridge, AB T1H 6W1  
Phone: 403-328-0611  
[www.holyspirit.ab.ca/st\\_paul](http://www.holyspirit.ab.ca/st_paul)  
Principal: Ryan Myndio Associate Principal: Tina Delinte



## Principal's Message:

Dear St. Paul Parents

Welcome to St. Paul School and the upcoming 2023-24 school year! We are thrilled that you are a part of the community and will join us as we begin or continue this exciting journey of educating your child.

Before I bring to your attention the fabulous aspects of St. Paul, let me first give you a brief about myself as I am new to St. Paul School. I am a father of two glorious teenagers who live abroad. I have recently transferred from Catholic Central High School here in Lethbridge, where I was a teacher from 99' till 08' and an Associate Principal from 21' till this past June. I have been fortunate to have taken my teaching talents abroad, where I have taught and led in six other countries. Most recently, Hungary, Switzerland, and the United Arab Emirates, where I held various upper-level leadership and administrative positions. Joining a school such as St. Paul has always been my goal. Knowing first-hand the challenges of meeting every student's learning needs while building meaningful relationships can sometimes be difficult but, in the end, extremely worthwhile. Thankfully, every member of the St. Paul staff comes to work each day for this very reason: they genuinely love their jobs and care deeply for every student in the school.

When thinking about St. Paul and its incredibly accepting community, I connect with our mission as a faith-based community dedicated to providing a quality Catholic Education inspired by the words of Jesus. Emphasizing the partnership between home and St. Paul Learning Community is crucial if the goal is to nurture, support, and celebrate the children's growth in our care. As a loving Catholic Community, we hope to 'Build' as Pilgrims of Hope an environment where excellence is only achieved if all learners' needs are met.

As we head into this coming year, I invite you to continue to build new relationships with the staff, other parents, or the greater St. Paul Community. Getting involved in our community and building strength within is what makes our community strong and unique to others. Our Catholic nature is to celebrate our diversity and inclusivity; it takes all stakeholders to mentor this to our children. I hope you and your family will join us in our celebrations here at St. Paul School in the coming months!

Welcome once again,

-Mr. Myndio

## IMPORTANT DATES

- First day of School **Sept 5**
- First Day of Kindergarten (Mon/Wed) **Sept 11**
- First Day of ELP **Sept 11**
- First Day of Kindergarten (Tues/Th) **Sept 12**
- School Council Meeting 6:30 **Sept 12**
- Opening Mass 9:00am **Sept 20**
- Terry Fox Run **Sept 21**
- Photo Day **Sept 22**
- School PD Day **Sept 25**
- Orange Shirt Day **Sept 29**
- National Day for Truth & Reconciliation— **Sept 30**



Mr. Myndio



Mr. Ryan Myndio—Principal

# Welcome

Say hello to St. Paul School's new Principal!

~Mr. Myndio~

We are so excited to start the 2023/24 school year off with a fun and encouraging new Principal!

Welcome to St. Paul School Mr. Myndio!!!

Teach → Love → Inspire

SCHOOL  
YEAR  
2023-2024

Welcome back St. Paul students and families! We also would like to extend a very warm welcome to all of the new staff, students and their families who have joined our St. Paul community. We are all looking forward to a great year of growing, learning and working together. This year we begin year 2 of our Faith Plan with the theme "Build! Pilgrims of Hope". In our Catholic Schools, we recognize that we find God in each other. We strive to identify and call forth the gifts of each person, and invite them to put those gifts at the service of the common good. Here's to a wonderful 2023-24 school year with you!

Tina Delinte  
Associate Principal

## September Faith Focus

September is a faith-filled month where we will have many opportunities to explore ways that we can be committed to deepening our faith, being responsible for each other and working together even when things are challenging because they are new.

### Christian Action Theme:



This month our Christian Action theme is hospitality. Hospitality means being friendly, welcoming and generous and extending this to others with our actions and our words. If we think of the courage it takes for students to reach beyond their comfort zones to learn in new ways, build new relationships and to begin a new school year, hospitality is the essential element in getting things off to a smooth start.

*Praying together is one of the greatest privileges we have as members of God's community*

## Milk Program

We will once again be providing students the opportunity to purchase milk (250ml carton) at lunch time. On Tuesdays and Thursdays white milk is available and on Monday, Wednesday, and Friday chocolate milk will be sold. This year, milk cards can be purchased through School Cash Online for **\$10.00 for 10 Milk cards or \$20.00 for 20 milks. Single purchases are \$1.00. Starting September 11!**



♡ Eat Well

♡ Live Well

♡ Be Well

## BREAKFAST PROGRAM

**Coming Soon:** All students will be welcome to enjoy a healthy breakfast daily from 8:00-8:37am with our breakfast program. Students can enter the community rooms doors and eat in the gym before classes begin. **Breakfast program start date to will be communicated at a later date.**

## Mindful Munchies

We are very happy to announce that the Mindful Munchies Program, which provides healthy snacks to all students and bagged lunches for students who come to school without a lunch, will continue throughout the 2023-2024 school year starting **September 11th!**

## COUNSELLOR'S → CORNER

How Can I help my child **SUCCEED** in school?

- ★ Ask your child about school and encourage them to talk about their day!
- ★ Stay involved and connect with the school supports and teachers as needed!
- ★ Ensure your child gets plenty of sleep and is prepared for school each day!
- ★ Help your Child with their homework, and practice reading!
- ★ Teach your Child to be responsible for their actions and take pride in all they do!
- ★ Be Positive! Always speak positively about school, learning, and your child's teacher!
- ★ Build Self-esteem! Praise your child often because the last few years have been difficult!

~Mr. Hoffos—  
*School Liaison Counsellor*

## Entering St. Paul School

For the safety of all students, our policies for entering the school are:

- Use the main entrance.
- All visitors must check in at the office.
- Parents/Caregivers are NOT permitted to attend classrooms or walk through the school.

## ABSENCES

When a child is absent from school, parents are asked to call the school on the day of the absence. As we are concerned with the safety of students, we will call you should you have not already done so.

## When your child is sick at school:

If a child becomes sick while at school, the parent/guardian will be notified to come and pick up the student immediately.

Please be sure to keep your contact information and the information of any additional emergency contacts up-to-date throughout the year so we are able to get your child home in a timely manner.

## Medical History/Allergies:

For school staff to have a better idea of what type of medical conditions/allergies are common with your child we are encouraging all families to update the office with your child's medical history/allergies. This information will help us determine the course of action when symptoms are presented during school hours.



## Lunch Notes

Students may not leave the school at lunchtime without written permission from their parents/guardians. If your child is going out for lunch, please write a note in their agenda. If your child goes home for lunch EVERY day, write that once in their agenda and notify the teacher if there is a change to that plan.



## Lunch in the Classroom and Microwaves

St. Paul School continues to provide a supervised lunch program. Students have a minimum of 20 minutes to eat and more if they require it. **Please Note: MICROWAVES have been returned to all classrooms at this time.** Student can reheat (not cook) their food for a max of 30secs. No frozen meals or un-popped popcorn please!

## Notice to Parent or Guardian of Religious Permeation

The *Alberta Human Rights Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, instructional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this district are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all instructional materials, instruction and exercises will at all times include a subject matter that deals primarily and explicitly with religion.

# Drop off, Pick up and Parking Reminders

For the safety of all St. Paul staff and students during this time we are asking that parents refer to the school map for the designated entrance for the child(ren). Please take a look at the map below for those entrances and the muster points for pick-up at the end of the school day. We appreciate your cooperation.



## School Bus

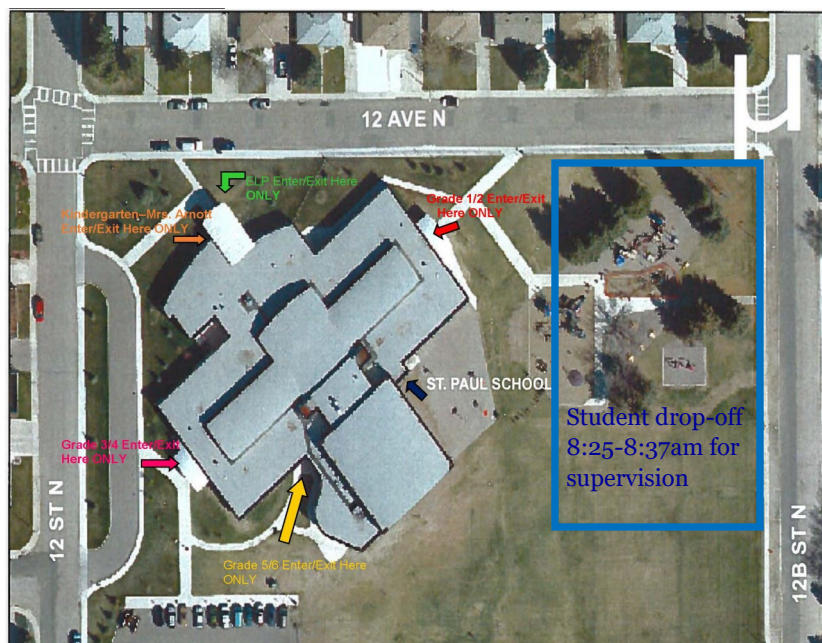
St. Paul students who reside 1.2km or more from the school are eligible for the 2023-2024 school year to ride the bus with **no** monthly/annual fee.

Please check your School Engage account to register your child for the bus. Or contact the office to see if your child is eligible. 403-328-0611

**\*\*NOTE:** All students must be registered to ride the bus\*\*

## School Fees

School fees are due and payable by **September 30, 2023**. If you have any problems regarding the payment of these fees, please contact the school office as soon as possible.



# Additional Reminders:

## Water Bottles:

All water fountains have been removed and replaced with filling stations. Please send your child with a water bottle to use while at school.



## **Current Members ...**

### **Chair -**

Theresa Wiberg;

### **Treasurer –**

Marilyn Anderson;

### **Secretary -**

Open;

### **Fundraiser Coordinator –**

Open;

### **Hot Lunch Coordinator –**

Pat Morris; Tiffany Freer



## STAYING CONNECTED

We have many ways for you to stay connected with us. Please check out our school website at [www.holyspirit.ab.ca/stpaul](http://www.holyspirit.ab.ca/stpaul)

You will notice on our home page it is easy to stay connected with FaceBook or Twitter. Please give it a try!

**Board Briefs:** Each month Holy Spirit School Division Trustees publish a summary of their meetings. We have added a link on the front of our St. Paul School Home Page to allow parents quick and easy access to the Board

**Briefs:**

[www.holyspirit.ab.ca/stpaul](http://www.holyspirit.ab.ca/stpaul)

**Superintendents Blog:**

<https://blog.holyspirit.ab.ca/>

To receive all upcoming editions of our newsletter, please see our website:

[https://stpaul.holyspirit.ab.ca/  
resources\\_publications/newsletters](https://stpaul.holyspirit.ab.ca/resources_publications/newsletters)

**JUST A REMINDER THE STUDENTS ARE DIMISSED EVERY FRIDAY AT 12:35PM**



## NOTICE TO PARENT OR GUARDIAN OF RELIGIOUS PERMEATION

Section 58.1 of the *Education Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, institutional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this division are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all institutional materials, instruction and exercises will at all times include subject matter that deals primarily and explicitly with religion.



## FAIR NOTICE LETTER

Dear Parents / Guardians,

The Holy Spirit Catholic School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. When a student behaves inappropriately, principals use progressive discipline to help a student take responsibility for their actions, change their behavior and learn from their mistakes.

When students' behaviors pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Risk Threat Assessment Protocol (VTRA) helps principals take further steps to protect the well-being of students and staff. The protocol helps schools respond quickly to threatening incidents such as: possession of a weapon or a replica weapon, bomb threats or plans, verbal, written or electronic (internet, text) threats to kill or injure oneself or others or other threats of violence, fire setting.

The Southwest Alberta Regional VTRA Protocol outlines how a school responds immediately to threatening behavior. Principals may first bring together a School Threat Assessment Team, which ideally includes the principal / associate principal, a school based counsellor / jurisdictional lead and police of jurisdiction. If the situation is serious the principal may also consult the Superintendent of Schools and call in members of the Community Threat Assessment Team. This community team may include representatives of community agencies who work with us to keep our schools safer such as, but not limited to, local police, children's mental health organizations or Child and Family Services. Parents / guardians will be notified as soon as possible in the Stage I - VTRA Process. If parents / guardians cannot be reached, but a concern for safety still exists due to threatening behavior, the threat assessment may still proceed. Personal information shared throughout this process will respect and balance each individual's right to privacy with the need to ensure the safety of all.

This letter complies with procedure 2 of *Administrative Procedure 322: Violence Threat / Risk Assessment (V-TRA) Protocol*, which states that parents / guardians will be provided with "fair notice" that each threat will be taken seriously. Should you wish to further review this Administrative Procedure, please visit our website at [www.holyspirit.ab.ca](http://www.holyspirit.ab.ca).

If you have any questions regarding the Holy Spirit Catholic School Division's use of the Southwest Alberta Regional V-TRA Protocol, please contact the Director of Support Services at the St. Basil Catholic Education Centre. We appreciate your support in ensuring our schools are safe environments for our students, staff and community partners.

Sincerely,  
Ken Sampson, Superintendent of Schools



# Welcome Back!

**HELLO AND WELCOME TO THE NEW SCHOOL YEAR!**

The Holy Spirit School Division has created a new mental health and wellness initiative for the school communities. This team is comprised of Billy Woitte and Emily Williston, and is called the (I)SWAG - (Indigenous) Student Wellness Access Guides - our focus is on helping our students and their families find the right supports for them in the community, providing further education and knowledge gaining for parents on mental health concerns the child may be experiencing and how they can help them work through these issues, as well as initiating an Artist in Residency program that will place emphasis on the benefits of art on healing within the schools.

Please stay tuned for further information on the parent presentation topics and benefits of attending these presentations (...prizes and food!...), dates and times will be released in the October newsletter!

We look forward to meeting you all and working together to create a year full of learning, connecting, and community!

Best wishes,  
Your local (I)SWAG, Billy Woitte and Emily Williston  
#StrongerTogether





On May 16, 2023, Lethbridge City Council Tuesday voted unanimously in favour to approve the implementation of harmonized school and playground zones. For more information, please see the City of Lethbridge's release, "[Safety top priority as Council approves speed zone harmonization.](#)"

**This change will come into effect for the 2023/2024 school year and will see all current playground and school zones have a cohesive 30 km/hr speed limit from 7:30 am to 9:00 p.m. every day of the year.**

The school division agrees that this decision will make the traffic laws easier for motorists to remember, as well as ensure the safety of all children accessing school and city playgrounds.



## Welcome to All Saints Parish Registration for First Reconciliation Grade 2 and up

Registration forms will be distributed from the schools .  
Registration weekends will be held on the following dates:  
September 9th and 10th from 10:00 am till 2:00 pm AND  
September 16th and 17th from 10:00 am till 2:00 pm  
At Assumption Church Hall.

**Registration forms available on line at: [www.allsaintslethbridge.org](http://www.allsaintslethbridge.org)**

*"For if you forgive other people when they sin against you, your heavenly Father will also forgive you."*  
Matthew 6:14

### Has your child missed a sacrament?

How can we help your family on your faith journey.

If you are looking for answers please call

All Saints Parish Office at 403-327-8931 and ask for Cyndi



## Welcome to All Saints Parish Registration for First Eucharist Grade 2 and up

Registration forms will be distributed from the schools .  
Registration weekends will be held on the following dates:  
September 9th and 10th from 10:00 am till 2:00 pm AND  
September 16th and 17th from 10:00 am till 2:00 pm  
At Assumption Church Hall.

**Registration forms available on line at: [www.allsaintslethbridge.org](http://www.allsaintslethbridge.org)**

*Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty"*

John 6:35

## Welcome To All Saints Parish Registration for Confirmation Grade 6 and up

Registration forms will be distributed from the schools .  
Registration weekends will be held on the following dates:  
September 9th and 10th from 10:00 am till 2:00 pm AND  
September 16th and 17th from 10:00 am till 2:00 pm  
At Assumption Church Hall.

***Registration forms available on line at: [www.allsaintslethbridge.org](http://www.allsaintslethbridge.org)***

*"Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love."*



## Welcome to All Saints Parish Registration for Baptism

Does your child need Baptism? We can help you. Baptism preparation classes are held once a month at Assumption Parish Hall. Please call the office for more details.

***Registration forms available on line at: [www.allsaintslethbridge.org](http://www.allsaintslethbridge.org)***

*"Whoever believes and is baptised will be saved...."*

Mark 16:16





**Welcome To All Saints Parish**  
**Registration for**  
**Confirmation**  
**Grade 6 and up**



Registration packages will be distributed from the schools and completed forms can be dropped off at the schools. Fees will be collected at the first workshop or may be dropped off at All Saints Parish Office.

***Registration forms available on line at:***  
***[www.allsaintslethbridge.org](http://www.allsaintslethbridge.org)***

***“Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.”***





## Lethbridge & District 4-H Clubs are looking for new members to join their clubs this fall!!



4-H IS A YOUTH DEVELOPMENT PROGRAM WITH A LONG, RICH HISTORY IN ALBERTA AND AROUND THE WORLD.

**LOOKING FOR MEMBERS 9 – 20 YEARS OF AGE**  
**SOME CLUBS OFFER THE CLEVER KIDS PROGRAM - 6 - 8 YEARS OF AGE**  
**NO EXPERIENCE REQUIRED**

4-H is a dynamic program whose projects encompass everything from **active living**, **arts**, **science and technology**, **crafts**, **cooking**, **agriculture** and **so much more!**

The 4-H program gives **URBAN** and **RURAL** youth and adults life-long skills such as co-operation, leadership, interpersonal relations, critical thinking, decision making, organization, public speaking and community service.

Check out the 4-H website for more information – [www.4hab.com](http://www.4hab.com)

### **Contact one of the clubs in the Lethbridge District**

Green Acres Dairy 4-H Club – [greenacresdairy4h@gmail.com](mailto:greenacresdairy4h@gmail.com) – Toby Kleinsasser  
Project: dairy

Lethbridge Coaldale 4-H Beef – [1daniels@telus.net](mailto:1daniels@telus.net) or call/text 403-308-7191 – Kim Daniels  
Project: beef

Lethbridge Northern 4-H Beef - [treenavh@gmx.com](mailto:treenavh@gmx.com) – Treena Van Hierden  
Project: beef

Readymade 4-H Multi Club - [readymade4hclub@gmail.com](mailto:readymade4hclub@gmail.com) – David Hodge  
Projects: beef, sheep, arts, crafts, cats, shooting sports

TNT 4-H Multi Club – [melanie.daniels84@gmail.com](mailto:melanie.daniels84@gmail.com) or 403-635-0564 – Melanie Daniels  
Projects: pheasants, crafts, foods, wood turning, shooting sports, fishing & more

Turin 4-H Club – [turinalberta4H@gmail.com](mailto:turinalberta4H@gmail.com) or 403-360-4808 – Chelsea Nieboer  
Projects: sheep, beef, sewing

Wild n Woolly 4-H – [wvw.sheep@gmail.com](mailto:wvw.sheep@gmail.com) or 403-634-7297 – Marina Grant  
Project: sheep



# Learn To Do By Doing





# SWIM SESSIONS

## STARTS

**Sept 11, 2023**

## AT

**Fritz Sick Pool**

**420 11 St S**

**Our club offers children an opportunity to swim at a variety of levels: from competitive, to swimming as a cross training opportunity or to swimming as a life skill.**

**[SPARTANSAQUATIC.COM](http://SPARTANSAQUATIC.COM)**

## **AGES 6+**

### **DATES**

**Our fall session starts Sept 11 and runs for 13 weeks.**

### **FLEXIBLE**

**Our club offers a variety of times and days of the week as well as make-up classes.**

### **SKILL LEVEL**

**Our beginner group is for kids who can swim a length of the pool independently.**

### **COST**


**The fall session fees start at \$260 for the session.**

### **ADULTS**

**Our club offers a Masters program for adults.**

# Join **LETHBRIDGE SPEEDSKATING**

[lethbridgespeedskating.ca](http://lethbridgespeedskating.ca)

[leth\\_bridge\\_blades](#) 



**Youth ages 5 - 18**

**Recreational to Competitive Levels**

**Season runs September to March**

**Affordable Equipment Rental Available**

**FREE "Try B4U" Join held throughout year**

**[lssa.sk8r@gmail.com](mailto:lssa.sk8r@gmail.com)**



**Interested in hockey but don't want the significant time or financial commitment that often comes with this great sport?**

**We offer an organized non-checking recreational hockey league for all genders aged 5-17. All skill levels are welcome.**

**One hour, once a week. Season runs from October to March.**

**Registration closes on September 17, 2023 - spots fill quickly so don't delay!**

**[www.lethbridgerechokey.com](http://www.lethbridgerechokey.com)**

